



PART-TIME or FULL-TIME NATURE-INFORMED THERAPIST

Our Practice

Outdoor Therapeutics is a mental health private practice in Frederick, MD that specializes in nature-based clinical treatment and wellness programs for holistic healing. We serve community youth and adults struggling with a wide range of mental health challenges through unique and accessible treatment models. We believe in authentic, collaborative working relationships and strive to support one another in reducing burnout and achieving work-life balance. We are looking for empathetic and team-oriented colleagues with a passion for healing work.



Qualifications

- Has obtained an initial or clinical license (LMSW, LCSW-C, LGPC, LCPC, LMFT)
- Willingness to be credentialed with Cigna, UnitedHealth and BCBS/Carefirst
- Experience working successfully with vulnerable populations living with mental health challenges ranging from intermittent anxiety to complex developmental trauma
- Desire to build skills and expertise in the areas of nature-informed therapy, trauma, and holistic approaches to human health.
- Track record of creative, innovative, and interdisciplinary approaches to mental health treatment
- Confidence in working with teens, adults, and families
- Ability to be organized timely with clinical documentation, including weekly progress notes and treatment planning
- Dependability and independence with administrative tasks and case management
- Authorized to work legally in the United States and able to pass a background check

Responsibilities

- **Part-Time** therapists are required to maintain a minimum caseload of 12 active clients / week. **Full-Time** therapists maintain a minimum caseload of 22 active clients.
- Ability to adjust to telehealth, in-office, or in-nature counseling sessions
- Facilitation of one annual wellness program or clinical group
- Assistance with nature-informed therapy curricula for youth or adult programming
- Contribution to peer consultation groups and in-house staff education
- Assurance that clinical services are delivered in accordance with licensing boards, pertinent laws, industry best practices, and code of ethics
- Ongoing desire to expand and build knowledge of clinical treatment through participation in professional development opportunities
- Familiarity with HIPAA and other regulations that protect patient rights
- Ability to communicate clearly and professionally with clients, families, and partners
- Contributions to community outreach and education about practice offerings

- Completion of documentation accurately by the schedule set forth by the practice using the practice’s electronic health records system

Salary / Wages

Part-time and full-time therapists are W2 positions eligible for benefits. Pay for this role is commensurate with the employee’s license level and the services offered (i.e., hourly rate for a therapist with a clinical license providing individual therapy is \$75-80/hour). **Part-time** positions are required to work a minimum of 20 hours per week including a minimum of 12 hours of direct client care. **Full-time** positions are required to work a minimum of 36 hours per week including a minimum of 22 hours of direct client care. Clinical caseloads are built progressively over 60 days from hire. This position reports to the practice owner and the clinical director.

Employee Benefits and Supports

<div data-bbox="175 651 812 1081"> <p style="text-align: center;">Employer-Sponsored Benefits</p> <ul style="list-style-type: none"> ● ICHRA Medical Stipend ● Dental Insurance Plan ● Vision Insurance ● Sick and Safe Leave ● Malpractice Insurance Coverage ● Nature Wellness Insurance Coverage ● Retirement Savings Plan </div>	<div data-bbox="852 651 1459 966"> <p style="text-align: center;">Workplace Culture & Values</p> <ul style="list-style-type: none"> ● Flexible, Hybrid Schedule ● Trauma-Informed and Responsive ● Collaborative and Inclusive ● Burnout Monitoring and Support ● Community-Focused </div>
<div data-bbox="175 1134 812 1814"> <p style="text-align: center;">Professional Development</p> <ul style="list-style-type: none"> ● Annual CEU Stipend ● Free Nature-Informed Peer Consultation Group ● Free Trauma-Informed Peer Consultation Group ● 3 Hrs / Month Free Clinical Supervision to therapists with an initial license ● Pay-for Clinical Supervision available to therapists with a clinical license ● Credentialing Support ● Free Wilderness First Aid (WFA) Training ● In-House Training and Shadowing </div>	<div data-bbox="852 1134 1459 1814"> <p style="text-align: center;">Practice Infrastructure</p> <ul style="list-style-type: none"> ● Office Space ● Practice Manager ● Medical Billing ● Payroll ● HIPAA-Compliant WIFI / IT Infrastructure ● HIPAA-Compliant Phone Systems and Fax Service ● Marketing Support ● Clinical Resource Library ● Optional AI medical scribes </div>

Application Instructions

Send a resume and cover letter to the practice owner, Krista Bajgier, LCSW-C, MEd at krista@outdoortherapeutics.com. Candidates who meet the position requirements will be contacted within 3-5 business days of submission and scheduled for an interview.